

Shisei

OUR PACKAGES

Flexible options for every stage of your movement journey.

FIRST TIME TRIAL

90 MINS

For new clients experiencing The Shisei Method for the first time.

\$150

SINGLE SESSION

90 MINS

Ideal for those who prefer a one-off, personalised session. Perfect for flexibility, travel schedules, or as a gift.

\$360

SOLO PACKAGES

Designed for consistent progress and guided transformation.

AWARENESS PACK

3 X 90 MINS

Valid for 2 months.

\$1,025

ALIGNED PACK

6 X 60 MINS

Valid for 2 months.

\$1,410

SHAREABLE PACKAGES

*For couples, friends, or family members who prefer flexibility.
Sessions can be shared among up to two people.*

BALANCED PACK

10 X 60 MINS

Valid for 3 months.

\$1,980

GROUNDED PACK

10 X 90 MINS

Valid for 3 months.

\$2,970

PAYMENT METHODS

Via Paynow, or Bank Transfer Only.

Terms & Conditions

No extension of expiry dates unless a valid reason is provided.
Packages must be activated within one month of purchase.
Other terms and conditions apply.
Shisei reserves the right to amend these terms at any time.